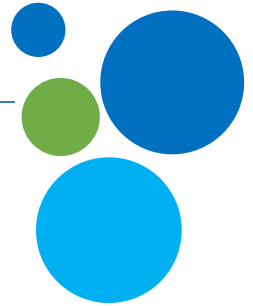

Contact Lens Solution Sampling Guidelines



Contact Lens Solutions

- Sample one (1) starter kit per new contact lens fit/refit/change of solution and consider a written recommendation of the product to promote compliance
- Document the recommended product in the medical record
- Do not offer the patient multiple samples kits
- Educate the patient on the importance of contact lens case hygiene, which is why a new case is included in each starter kit. Recommend replacing the case every 1-3 months.
- Do not break-up starter kits to provide patients with individual components
- Using the latest scientific data, consider any potential CL/Solution incompatibilities to guide your choice of solution
- Explain to the patient how long the sample is likely to last and what to do thereafter (fill an Rx, return for a follow-up visit, etc)

Rewetting Drops

- Sample one (1) bottle of rewetting drops during the eye examination and consider providing a written recommendation to promote compliance
- Document the recommended product in the medical record
- Do not offer the patient multiple sample bottles
- Explain to the patient how long the sample is likely to last and what to do thereafter (fill an Rx, return for a follow-up visit, etc)

General Considerations:

- Use your discretion in sampling when it may be difficult for a patient to get to a pharmacy (weekends, evenings, holidays)
- To promote compliance, explain to the patient why you have chosen that product, since not all products are the same.
- Educate the patient that generic products are usually not the same as the latest brand name products and may change in formulation for year to year.
- Instruct the patient to check the expiration date on all medications, including contact lens solutions
- Promote an annual supply of contact lenses once the fit is complete to increase compliance
- Review manufacturers recommendations with respect to the given product
- Use the AOCLE Healthy Habits forms to educate novice wearers or as a review with habitual wearers